

What is STAR?

STAR is an independent community organisation which advocates on a statewide basis for the rights of people with an intellectual disability and their families. STAR believes that all people with intellectual disability are entitled to grow up in a family and live and participate fully in their communities as valued citizens.

MEMBERSHIP

People with an intellectual disability, parents, family members, workers in the field (individuals and organisations), and others supportive of our work are welcome to be a part of STAR.

WHAT DO WE DO?

STAR promotes action on issues that affect people with an intellectual disability throughout Victoria. STAR works to ensure quality, community-based supports for people with an intellectual disability and their families. STAR can help you work towards achieving positive changes, and provide information to assist in making decisions.

STAR can inform you about rights, services and support and may advocate on an individual and/or systemic basis as appropriate. STAR continues to maintain a 'people perspective' on issues like housing, support services, education, recreation and income. STAR is part of a strong network of

other disability groups committed to social action.

STAR offers information for display at parent forums and community events, workshops, conferences and speakers for staff development and in-service training. STAR information is up to date and accurate.

STAR works to change attitudes and to bring about the range of accessible and flexible services to meet the needs for people throughout their lives. All Victorians are entitled to a real life in a real community; through advocacy and information STAR aims to make this a reality.

NEWSLETTER

STAR produces regular newsletters which keep you in touch with current developments. Subscription is \$27.50 inc. GST per year.

LIBRARY

The STAR library is open to members and has a range of publications on many issues relating to intellectual disability. Newsletters and journals, conference papers and articles are also available. Students at all levels find library resources valuable.

INFORMATION FORUMS

STAR runs regular forums on emerging and current issues. STAR develops materials and information to assist people on a range of relevant issues.

PROJECTS

From time to time, STAR helps to initiate projects aimed at providing support to people in the community in new ways. Interchange, Citizen Advocacy and Parent to Parent support are all examples of programs initially undertaken or auspiced by STAR which now operate in their own right.

Projects are undertaken on specific and topical issues such as inclusive education, housing, costs and charges, women's health and sexuality and recreation options for older people with an intellectual disability.

The aim of STAR projects is to develop community understanding and to ensure the provision of quality and responsive services and support.

PUBLICATIONS

(All prices include GST, postage and handling)

WOMEN'S HEALTH PROJECT MATERIALS

"By Me for Me – Shared Experiences"

Based on interviews with women with an intellectual disability telling of their personal experiences in relation to sexuality, relationships, health etc.

\$11.00 (free to women with an intellectual disability)

MOVING OUT

A set of 2 videos about people with intellectual disability moving from institutions

to live and participate in the community from the family and community perspective.

\$45 a set or \$25.00 each.

SUPPORTING INCLUSIVE SCHOOLING

A set of booklets to support the integration of students with intellectual disability in regular schools. Each booklet contains

- ❖ Information about the specific topic
- ❖ Practical strategies and ideas to assist inclusion
- ❖ Answers to common questions
- ❖ Ideas about where to obtain further help

1. Learning about people with an intellectual disability **\$6.60**
 2. Inclusive Schooling **\$6.60**
 3. Taking the next step – a guide for parents **\$11.00**
 4. Classroom strategies for inclusive schooling **\$11.00**
 5. The Integration aide – a handbook **\$11.00**
 6. The Integration teacher – a guide for schools **\$9.00**
- FULL SET OF 6 \$55.00**

"A Fair Go" – CHARGES IN SUPPORTED RESIDENTIAL SERVICES FOR PEOPLE WITH AN INTELLECTUAL DISABILITY

Examines what 112 residents of government and non-government accommodation in Victoria pay for rent and support services, and makes recommendations on important issues of quality, grievance mechanisms, individual finances and policy. **\$16.50**

LIVING INCLUDED LIVES –

The report of a recent project which includes the experiences of some older people with intellectual disability together with some recommendations for change to make participation in mainstream leisure activities a reality.

\$10.00

'A Strike & A Spare'

Tells the story of two sisters and their inclusion in a mainstream leisure activity.

\$12.50

Contact the office for further information about other resources available from STAR.

FOR FURTHER INFORMATION

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Office Hours:

9-30 am to 4pm, Tues-Thurs

All people have

The same rights

The same value

The same worth

And

Are entitled to a

decent life in the community

STAR VICTORIA INC.

Advocating for people with
intellectual disability and
their families.



ADVOCACY
INFORMATION
SUPPORT
RESOURCES